

OFFICE OF THE GOVERNOR

ROBERT BENTLEY
GOVERNOR



ALABAMA DEPARTMENT OF ECONOMIC
AND COMMUNITY AFFAIRS

JIM BYARD, JR.
DIRECTOR

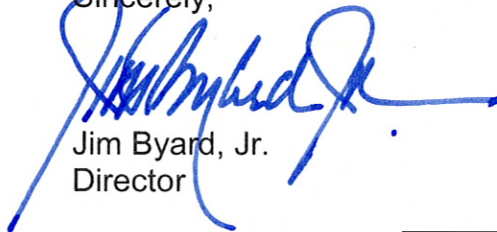
STATE OF ALABAMA

Welcome to Passport to Fitness! More than 60 communities and our entire state park system are participating in this program that encourages walking as a way toward better health.

This guide features trails from all parts of our state. It offers information about each trail, as well as details about the participating community. You will also find a "Stamp Page" so that you can document your travels and complete your passport to fitness!

Enjoy your walking adventure.

Sincerely,



Jim Byard, Jr.
Director



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ADECA Director